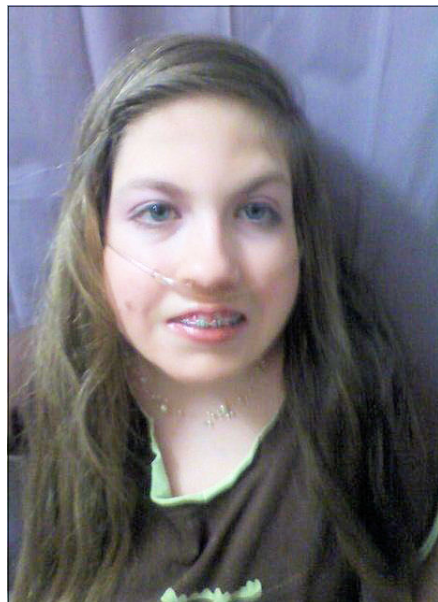
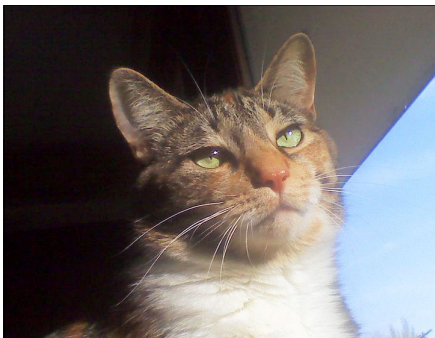


Well the People of Zion Lutheran Church,

I know its been awhile since I visited.

I would like to tell you things that have been happening.

First thing I was in the hospital in November of 2009 it was not good I was in respiratory failure and almost didn't make it but as strong as I am I pulled through. Had to have lots of physical therapy and visiting nurse come which is still coming I am on oxygen 24\7 now in stead of just at night I feel better than I did and enjoying being a teenager and making up the school I missed with being in the hospital.



I got a cell phone for my 13th birthday in September love to text my friends and call them. I had a doctor appointment last Friday my pediatric pulmonologist he wants to do a sleep study to see weather or not I need more air in my lungs to help me breathe better either on a bi pap or c pap machine just to see. So as I say I am doing really well after going through a scary road and coming to peace but I grew a inch so what that means we don't know—might have to have a surgery because I haven't grown in 4 years because they said was nothing left to do.

***Sincerely,
Whitney Fritz***

Thanks for all the prayers and keep them coming!

